Timebank South West  
15 Whitleigh Green  
Whitleigh  
Plymouth  
PL5 4DD

28/10/2019

Dear Applicant,

Thank you for your interest in the ‘Plan It, Cook It, Share It’ Project Worker post with Timebank South West. The project is National Lottery funded for one year and we may look to continue and expand the project after this time.

The project aims to reduce health inequalities, improve wellbeing in a positive way, support participants to develop new cooking skills, plan healthy recipes and reduce social isolation by bringing people together.

The post holder will be responsible for engaging people from all walks of life, delivering an exciting range of weekly community cooking sessions in small groups aimed at increasing participants cooking skills, increasing confidence, raising nutritional awareness and planning weekly healthy meals on a budget. The post holder will facilitate monthly meal nights to bring people together to reduce social isolation and loneliness. They will also work with partners to increase resources and encourage participants to grow edible plants at home (crops in pots).

The deadline for returned applications: **Monday 18th November** **2019.**

Interviews for short-listed applicants will take place: **Thursday 28th November 2019.**

If you would like an informal chat about the post, please call Liza 07791 961869.

We look forward to receiving your application.

Best wishes

Liza

Liza Packer  
Director, Timebank South West